





We All Rise, Together.

Are you or your child feeling $(\mathbf{y} \otimes \mathbf{y}) \otimes \mathbf{y}$?

Be part of DPSCD's wellness campaign to receive services to support your emotional health and wellbeing. How you're feeling matters to us. We're here for you.

THREE THINGS YOU CAN DO

Support Wellness at Home

- Recognize and validate your and your child's emotions.
- Stay in the present and pay attention to joy.
- Ask your child how they're feeling, how you can help them feel better, and ask if they want to talk to someone else about their feelings.

You can also call for assistance at home:

- DPSCD Mental Health Hotline 1-833-466-3978 Mon-Thurs 5:00-8:00pm
- DWIHN 24-hour Support Line 1-800-241-4949

Help Your Child Access School-Based Wellness Services

Emotional health and wellness services are now available at every school. **Speak with your school's counselor or social worker** so that they can begin an intake process to learn your child's hopes and needs.

Parental consent is required for most services. Please support wellness services by signing consent forms to allow your child access to these resources.

Access Services for Yourself

We know that families' needs matter too! If you are a family member of a DPSCD student, you also have access to confidential, personalized services.

Please visit the Family Resource and Distribution Center or call 313-418-5985 to get connected to a case manager to chat about how we can help you!



2022-2023 School Year School-Based Wellness Services **External Partner/Vendor Support**

In addition to our School-Based Wellness teams (School Counselor, Social Worker, Psychologists, Nurses, etc.), the District has partnered with the following organizations to increase behavioral health services to schools during the 2022-2023 school year.



Black Family Development

- Al Holmes
- Bethune .
- Brenda Scott
- Brewer .

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- Burton Carver
- . Catherine Blackwell ٠
- Chrysler ٠
- Coleman A Young .
- CMA .
- Davis
- Emerson
- **Fisher Lower**



The Chugren's Center

- AOA ٠
- AOA at Logan ٠
- Bagley •
- Bennett
- Carleton **Charles A Wright** •

- Fisher Upper Gardner
- Golightly EC
- Greenfield Union
- Hamilton
- Henderson •
- JR King Mann
- Marion I aw ٠
 - Palmer Park ٠
 - Pulaski
 - Robeson

 - Schulze
 - Ronald Brown

- Clippert
- Dixon FRDC
- Gompers
- Neinas
- Southeastern



CNS Healthcare

Ann Arbor Trail ٠ Clark

Davison

- .
- - DIA Detroit Lions .
 - Detroit School of .
 - the Arts
 - Edmonson Nichols



Development Centers

- Codv
- Cooke Dossin ٠
- FLICS
- ٠
- Marygrove
- Renaissance

Family Medical Center

Barton

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- Bates Bow
- Burns
- Carstens
- Cass Tech
- Durfee . Edison .
- Ellington
 - Douglass Harms
- Hutchinson
 - Legacy
 - Ludington
 - Mackenzie



Mark Twain

- Marquette Mason
- Noble
- Pasteur
- Pershing ٠
- Priest
 - Roberto Clemente Sampson Webber
- Spain ٠
- Thirkell
- Thurgood Marshall
- Vernor
- Wayne
- West Side



HEALTH SYSTEM

Henry Ford Health

System

Central

Earhart

Maybury

Mumford

Munaer

Western

Institute of

Population Health

9/22

Fisher Upper

DCP

Ascension

Ascension

- Bunche (BH) ٠
- Denbv ٠
- East English Village

Osborn

Questions? Please contact angelita.jacobs@detroitk12.org

- Garvey ٠
- Hutchinson (BH) ٠
- Kina Nolan